

Kanuma sightseeing and bicycle rental

Human Station
Shin-Kanuma Juku

The place to go for information about Kanuma!

An information center where you can find the latest info on sightseeing in Kanuma. Built with Kanuma timber, the center offers a range of facilities, including a rest area with a cozy wood interior, and restrooms among the cleanest in the country. There are also local specialty dishes such as Soba (buckwheat noodles) and Kanuma beef on offer, and the produce hall has a range of fresh local produce, including Kanuma brand products, which make for perfect souvenirs.

- Bicycle rental : ¥300 per day
- Opening hours : 9:00 am - 7:00 pm

(Bicycles are available for rental between 9:00 am and 5:00 pm.)

- Holidays : Open year-round
- ☎0289-60-2507
- Address : 1604-1 Nakamachi, Kanuma

Bicycle Rental Okurabike

The place to go to rent a bicycle in Kanuma!

A bicycle rental flagship store located just three minutes' walk from the station. With popular road bikes and beginner-friendly electric cross bikes, the store offers an extensive range of bikes for rent. They also hold guided cycling tours of the local forest and town; a popular choice for repeat customers, the tours offer a different look at the beautiful scenery of Kanuma each time. A perfect way to make the most of your time even if you have no plans.

- Bicycle rental : ¥2,000 per day
- ¥1,500 for a half-day

(10:00 am - 3:00 pm / 1:00 pm - 6:00 pm)

- Opening hours : 10:00 am - 6:30 pm
- Holidays: Sundays and public holidays

(bicycle rental is available by reservation only on these days)

- ☎0289-64-2211
- Address: 1442-6 Toriidocho, Kanuma

※As the number of bicycles available is limited, we recommend checking the availability conditions in advance.

Perfect for first-timers!
A Kanuma experience you can enjoy with ease
Flowers and nature



Bonsai
Flower and Tree Center (2086-1 Moro)
☎0289-76-2310

Kanuma is a famous production area known for its rich soil, and the Kanuma Flower and Tree Center is a base for gardeners. The center offers a variety of experiences to suit your needs, including pine bonsai and azalea rhododendron bonsai pruning and group planting workshops.



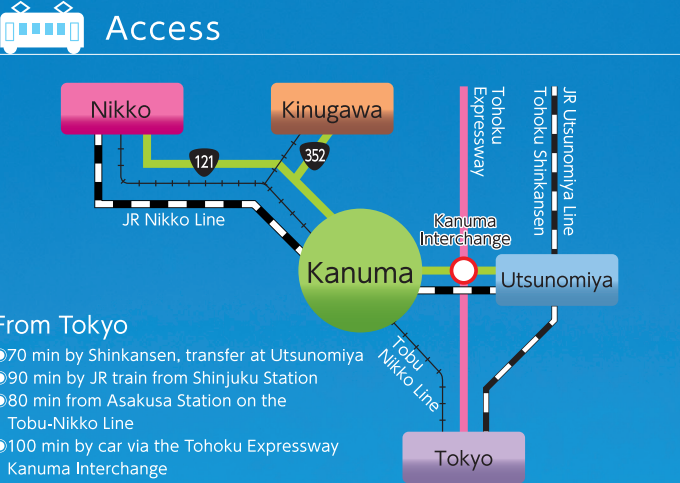
Clear stream
Oashi River and more

Rich in nature, several rivers run through Kanuma, among them the Oashi River, said to be the clearest in the entire Kanto region. In this beautiful river, you can try catching fish with your hands, cook them over a fire, and feast on them in a traditional Japanese house. You can also enjoy a stroll through the verdant greenery and take in quintessential scenes of Japan's bountiful nature.



Strawberry picking
Strawberry picking farms

Kanuma is a strawberry producing area. Because strawberries do not continue to ripen after picking, they are at their sweetest when just picked and are best eaten straight off the plant. At strawberry picking farms, you can also enjoy the strawberry variety Tochihome. These rare strawberries' softness and high water content makes them unsuitable for commercial distribution.



To Nikko

- 25 min from JR Kanuma Station
- 30 min from Shin-Kanuma Station on the Tobu-Nikko Line
- 40 min by car

To Kinugawa

- 40 min from Shin-Kanuma Station on the Tobu-Nikko Line
- 50 min by car

For Inquiries

Kanuma Tourism Association

- Human Station Shin-Kanuma Juku
- 1604-1 Nakamachi, Kanuma, Tochigi 322-0053 ☎0289-60-2507 Fax: 0289-60-1507
- Website: <http://www.kanuma-kanko.jp> Open year-round
- Yatai Float Central Park
- 1-1870-1 Ginza, Kanuma, Tochigi 322-0052 ☎0289-60-6070 Fax: 0289-62-5666
- Holidays : Mondays (except public holidays), days following public holidays, New Year's holidays

Kanuma Tourism and Cultural Exchange Department

1688-1 Imamiyacho, Kanuma, Tochigi 322-8601 ☎0289-63-2188 Fax: 0289-63-2189

Website : <http://www.city.kanuma.tochigi.jp/>

Holidays: Weekends, public holidays, New Year's holidays

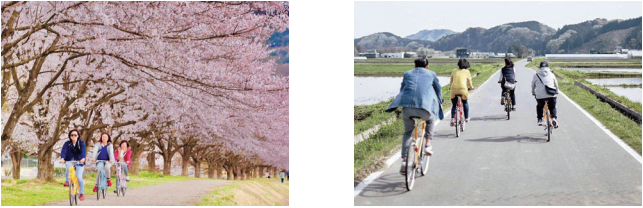


We support the Sustainable Development Goals (SDGs).

Cycle
KANUMA

Discover the Japanese Culture in Little NIKKO

Experience the best of Kanuma by bicycle

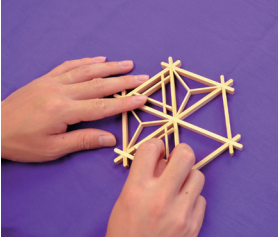


Roughly 100 kilometers (62 miles) north of Tokyo, Kanuma is located in the center-west area of Tochigi, close to international tourism hub Nikko and prefectural capital Utsunomiya. The produce borne from Kanuma's beautiful natural environment of lush forests and clear rivers is the pride of the region. The region also has a long history and a rich cultural heritage, with the many festivals, traditions, and industries that have been passed down through the generations further adding to its appeal. Cycling plays an important role in allowing visitors to experience what Kanuma has to offer while also sustainably protecting the region's resources. In order to ensure the satisfaction of visitors to Kanuma, we believe it is important to preserve the environment, provide sustained economic support to the local economy, and aim to provide sustainable tourism. We hope that through cycling, you are able to enjoy unique experiences that wouldn't be possible when traveling on foot or by car.

We support the Sustainable Development Goals (SDGs).

- Please follow the rules and enjoy cycling!
1. Please stick to the roads when cycling.
(Cycling on the sidewalk should be the exception.)
 2. Please wear a helmet.
 3. No drinking and cycling, parallel riding, or riding with two people on one bicycle.
 4. Please turn on your light at night or in tunnels.
 5. It is dangerous to use your phone or headphones while cycling or cycle with an umbrella.
 6. Please stop at traffic lights. Don't forget to look both ways at intersections.

Perfect for first-timers!
A Kanuma experience you can enjoy with ease
History and culture



Kanuma kumiko woodcraft
Traditional Industrial Arts Building of Woodcraft (1556-1 Asauchi)
☎0289-64-6131

Kumiko is a delicate woodworking technique which has been used for wooden fittings in Kanuma for generations. Kanuma kumiko woodcraft involves cutting delicate wooden parts and fitting them together to form detailed and elegant creations. This workshop allows anyone to make their own Kanuma kumiko coaster with ease in just 20 minutes. You may also wish to pick up some stylish and cute Kanuma kumiko souvenirs.



Zen meditation
Joshin-ji Temple (920 Shimokuga)
☎0289-65-8253

Zen Buddhism emphasizes perceiving the true nature of things and cultivating the ability to correctly utilize this insight in daily life. Sitting stabilizes your body, allowing you to focus your mind and achieve physical harmony. Saturday Zen meditation sessions are held once monthly and draw many participants from other parts of Japan and abroad. While anyone can participate for free, please check the schedule in advance.



Kanuma Autumn Festival
Yatai Float Central Park (1-1870-1 Ginza)
☎0289-60-6070

Registered as UNESCO Intangible Cultural Heritage, every year in October, you can experience the Kanuma Autumn Festival through explanations and video footage. There is a float museum where you can admire stunning wood-carved floats up close, a produce hall selling local Kanuma goods, and Kikusui Garden, a reconstruction of one of Kanuma's top three gardens.

You don't need to bring anything to have fun! Enjoy **Cuisine**, **Nature**, and **History and Culture** in Kanuma

Kanuma is an excellent place for cycling, and forms part of the route for the international road cycling race Tour de Tochigi. The compact city center is packed with cultural facilities and unique stores, and is suitable even for beginner cyclists. With plenty of back streets, there are plenty of unexpected discoveries to be made among the everyday scenery, making for a perfect ride through town. The uphill path leading to Furumine Shrine, located to the northeast of the city, is known as a "Hill Climber's Paradise" and has been used as a training course for professional cyclists, making it an ideal challenge for intermediate to advanced cyclists.

1 Human Station Shin-Kanumajuku

Soba,
Kanuma Wagyu beef, etc.



2 Okurabike



6 Joshinji Temple

To Kobugahara



4 Traditional Industrial Arts Building of Woodcraft



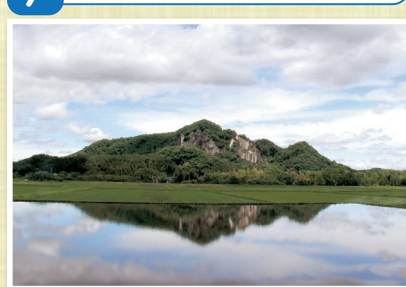
5 Deai-No-Mori Comprehensive Park



6 Joshinji Temple



7 Mt. Fukaiwa



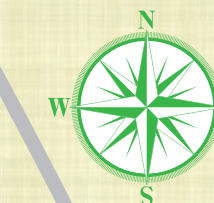
3 Yatai Float Central Park

Konjac food
Toilet



To Road Sta. Nikko,
Nikko Toshogu Shrine,
and Nikko City

To Forest Park,
Rockside Market,
and Oya Museum

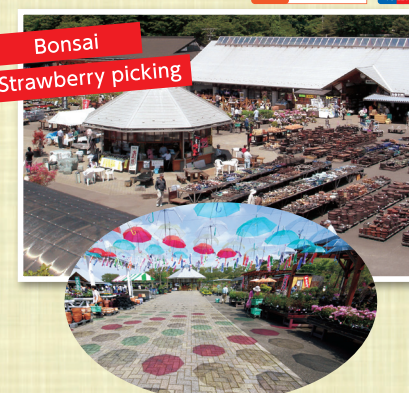


To Utsunomiya Gyoza,
JR Utsunomiya Sta.,
and Utsunomiya City

To Road Sta.
Nishikata, Kura-No-Machi,
and Tochigi City

8 Flower and Tree Center

Soba
Toilet



Recommended cycling course

Course 1

Enjoy the beautiful scenery of Kanuma
and the tradition of Japan

Duration : Approx. 1 hour 25 min
Distance : 18.8 km

Recommended for
first-time visitors!

- Start** Human Station Shin-Kanuma Juku
- 26min 5.8km
- 5** Deai no Mori Park
- 28min 6.1km
- 7** Mt. Fukaiwa
- 25min 5.7km
- Lunch** Human Station Shin-Kanuma Juku
- 1min 0.4km
- 3** Yatai Float Central Park
- 2min 0.6km
- 4** Traditional Industrial Arts Building of Woodcraft
- 1min 0.2km
- Goal** Human Station Shin-Kanuma Juku

Course 2

Experience the unique culture of
Kanuma

Duration: Approx. 2 hours 25 min
Distance: 32.2 km

Try something
a little different!

- 2** **Start** okurabike
- 21min 4.6km
- 8** Flower and Tree Center
- 24min 5.3km
- Lunch** Human Station Shin-Kanuma Juku
- 49min 10.7km
- 6** Joshin-ji Temple
- 51min 11.6km
- 2** **Goal** okurabike

※Duration does not include stops and assumes the shortest route.

Your destination is up to you to decide and the road ahead stretches on infinitely.
Try designing your own cycling trip.